



Chele La Trek - 7 Days

Embark on the **Chele La Trek**, an exhilarating high-altitude adventure offered by Amen Bhutan Tours and Treks, and discover the scenic grandeur of the Haa Valley. This trek features a spectacular route that takes you to the **Chele La Pass**, one of Bhutan's highest road-accessible passes, at an altitude of nearly 3,810 meters. Ideal for trekkers looking to explore **Bhutan high altitude treks**, the **Chele La Trek** provides a unique blend of breathtaking landscapes, rich cultural insights, and vibrant flora and fauna, making it a must-experience for adventure enthusiasts and nature lovers alike.

At Amen Bhutan Tours and Treks, we pride ourselves on being the best company for the **Chele La Trek**. Our expert guides, detailed **Chele La Trek itineraries**, and commitment to sustainable travel ensure a superior trekking experience. With years of experience leading **guided treks to Chele La Pass**, we offer unmatched expertise in navigating the stunning **trekking routes in Haa Valley**. Choose us for an unforgettable journey through the breathtaking landscapes of Bhutan, where every step brings a new discovery and every vista tells a story. Experience the pinnacle of **Bhutan high altitude treks** with Amen Bhutan Tours and Treks, your trusted partner in adventure.

Spectacular Views from Chele La Pass

The **Chele La Pass** offers some of the most spectacular views in Bhutan, making it a highlight for anyone on the **Chele La Trek**. Here's what you can expect to see from this stunning vantage point:

Panoramic Mountain Views: At an elevation of nearly 3,810 meters, the pass provides awe-inspiring panoramic views of the Himalayan range, including the sacred Mt. Jomolhari and Jichu Drake. These peaks, revered by the locals, offer a majestic backdrop that is particularly striking at sunrise and sunset.

Verdant Valleys: Looking down from **Chele La Pass**, trekkers are treated to expansive views of the Haa Valley below. The lush greenery of this valley, contrasted with the rugged mountain terrain, creates a picturesque scene that encapsulates the untouched beauty of Bhutan.

Floral Splendor: Depending on the season, the area around Chele La is often carpeted with various species of rhododendrons and wildflowers. The vibrant colors provide a vivid contrast against the stark high-altitude landscape, especially in the spring.

Sky-Touching Cloudscapes: The high altitude of Chele La means that clouds often hover at or below the level of the pass. This creates a surreal experience as you walk through mists or watch clouds roll through the valleys below, giving a sense of walking on the edge of the sky.

Each of these visual elements combines to make **Chele La Pass** not just a physical high point of the trek but also a visual feast that leaves lasting impressions on all who reach its heights. Whether you're a seasoned trekker or a nature lover, the views from Chele La are sure to be one of the highlights of your journey with Amen Bhutan Tours and Treks.

Rich Flora and Fauna

The **Chele La Trek** traverses through diverse ecological zones, offering trekkers the opportunity to experience the rich flora and fauna that Bhutan is renowned for. This trek is particularly noted for its ecological diversity, providing glimpses of the unique biological richness found in this part of the Himalayas.

Flora:

Rhododendrons: Perhaps the most iconic sight along the trek are the rhododendrons. These vibrant flowers bloom in a multitude of colors, painting the landscape in vivid hues during the spring months.

Blue Poppies: The national flower of Bhutan, the blue poppy, can also be found along the higher reaches of this trek. It's a rare and beautiful sight, especially sought after by botanical enthusiasts.

Diverse Forest Cover: The trek moves through mixed forests that include fir, pine, and oak trees, providing a lush green canopy and a refreshing atmosphere, which changes as you ascend in altitude.

Fauna:

Birdlife: The area is a haven for birdwatchers, with several species of pheasants, including the colorful Monal and the elusive Tragopan. Other bird species such as the Himalayan Griffon and various types of eagles can often be spotted soaring above.

Mammals: The forests and meadows are home to various species of mammals like the muntjac (barking deer), Himalayan blue sheep, and occasionally, the elusive snow leopard, especially in the higher, more remote areas of the trek.

Butterflies and Insects: A variety of butterflies, including the Bhutan Glory, can be found fluttering around, adding to the trek's charm. These insects are especially numerous in the warmer months, contributing to the overall biodiversity of the region.

This rich tapestry of flora and fauna not only enhances the trekking experience by providing stunning visuals and encounters with wildlife but also emphasizes the importance of preserving these fragile ecosystems. Trekking with Amen Bhutan Tours and Treks, you'll learn about the local conservation efforts aimed at protecting these natural treasures, making your journey through the **Chele La Trek** both enlightening and inspiring.

Cultural Insights

The **Chele La Trek** offers a deep dive into the vibrant and unique cultural landscape of Bhutan, providing trekkers with enriching insights into the traditional way of life of the Bhutanese people as well as their spiritual practices.

Monastic Life:

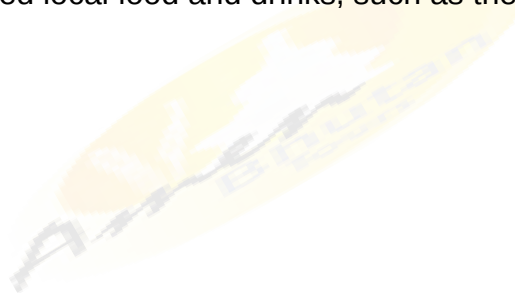
Monasteries and Temples: The trek routes pass several ancient monasteries and temples, pivotal to understanding the spiritual fabric of Bhutan. These sacred sites, such as the famous Taksang Monastery (Tiger's Nest) at Paro, are not just architectural marvels but also active centers of Buddhist practice.

Monk Interactions: Trekkers often have the opportunity to interact with monks, who share insights into their daily lives and practices, offering a firsthand look at their devotion and discipline.

Village Life:

Remote Villages: The trek winds through remote villages that are untouched by modernity, where traditional Bhutanese houses and age-old practices offer a glimpse into the rural way of life.

Local Hospitality: The warmth and hospitality of the local people are palpable, with trekkers frequently welcomed into homes and offered local food and drinks, such as the butter tea, which is a staple in Bhutanese diet.



Cultural Practices:

Traditional Arts and Crafts: The trek provides insight into Bhutan's rich arts and crafts, which are integral to Bhutanese culture. This includes weaving, which is highly developed in Bhutan, with intricate designs that are unique to different regions.

Festivals: If timed right, trekkers can witness local festivals, which are vibrant and colorful celebrations involving music, dance, and traditional costumes. These festivals are a profound way for the communities to bond, celebrate, and preserve their traditions.

Agricultural Practices:

Traditional Farming: Agriculture plays a critical role in Bhutanese society, and trekkers will observe traditional farming methods that have been passed down through generations. This sustainable approach to agriculture ensures harmony with nature and supports the community's food needs.

These cultural insights provided during the **Chele La Trek** enhance the trekking experience, offering more than just physical challenges but also a meaningful understanding of the Bhutanese way of life and their close relationship with nature. With Amen Bhutan Tours and Treks, each step of the journey is not only a trek across physical terrain but also a passage through the rich cultural heritage of Bhutan.

Sustainable Trekking

Sustainability is a cornerstone of the trekking experience on the **Chele La Trek**, ensuring that the stunning landscapes and cultural heritage of Bhutan are preserved for future generations. Here's how Amen Bhutan Tours and Treks integrates sustainable practices into the trek:

Minimizing Environmental Impact: We adhere strictly to the principles of Leave No Trace, ensuring that all trekking routes are kept free of litter. Our guides and trekkers are trained to carry all waste out of the wilderness areas to be properly disposed of or recycled.

Supporting Local Communities: By employing local guides and support staff, and using local services, we ensure that the economic benefits of tourism are distributed within the community. This not only enhances the guest experience with authentic local knowledge but also supports economic development in remote areas.

Cultural Preservation: We emphasize respecting and preserving the cultural traditions and heritage sites we encounter along the trek. This includes educating trekkers on proper behavior in sacred sites and contributing to the maintenance and upkeep of these important places.

Wildlife Conservation: We promote wildlife conservation by educating our trekkers about the local fauna, their habitats, and the importance of maintaining a safe distance from animals to avoid disturbing their natural behaviors.

Energy Efficiency: Wherever possible, our operations utilize renewable energy sources. For example, many of the lodges and teahouses on the trekking route are equipped with solar panels, reducing reliance on non-renewable power sources.

Water Conservation: Water is a precious resource in high-altitude areas. Our treks are planned to minimize water use, and we educate our clients on best practices for water conservation, such as avoiding long showers and reusing water bottles.

By participating in the **Chele La Trek** with Amen Bhutan Tours and Treks, you not only embark on an unforgettable journey through one of Bhutan's most beautiful landscapes but also contribute to sustainable and responsible trekking practices that protect this magnificent environment and its people.

Ideal for Photographers

The **Chele La Trek** is an absolute paradise for photographers, offering a plethora of stunning visuals that capture the essence of Bhutan's natural beauty and cultural richness. Here's why this trek is ideal for those with a passion for photography:

Diverse Landscapes: From the lush greenery of the Haa Valley to the rugged beauty of the high-altitude **Chele La Pass**, photographers can capture a variety of landscapes. Each phase of the trek reveals new scenery, including dense forests, serene meadows, and panoramic views of the snow-capped Himalayas.

Cultural Vibrancy: The trek routes through areas rich in cultural heritage, featuring ancient monasteries, traditional Bhutanese villages, and colorful festivals. Photographers can capture the intricate details of Bhutanese architecture, the daily life of monks, and the vibrant festivities that are teeming with photo opportunities.

Floral and Faunal Richness: For nature photographers, the variety of flora and fauna along the trek is captivating. The region is known for its rhododendrons and blue poppies, as well as its diverse birdlife and occasional sightings of rare mammals like the snow leopard.

Dramatic Light Conditions: The changing weather and cloud movements in the high altitudes create dynamic and dramatic lighting conditions, perfect for dramatic landscape shots. Early mornings and late afternoons offer golden light that enhances the natural beauty of the terrain.

Star Photography: The clear skies at higher altitudes are ideal for night photography. Photographers can capture the Milky Way and star-laden skies, providing breathtaking images of the cosmos above the serene landscapes.

Cultural Portraits: The friendly locals and traditionally dressed monks provide opportunities for compelling portrait photography, offering a glimpse into the soul of Bhutanese culture.

Each of these elements makes the **Chele La Trek** a highly rewarding experience for photographers, whether amateur or professional. With Amen Bhutan Tours and Treks, photographers are assured of an itinerary that not only challenges their trekking skills but also enriches their photographic portfolio with images of one of the world's most picturesque and culturally rich countries.

Physical Challenge and Relaxation

The **Chele La Trek** uniquely combines physical challenge and relaxation, offering a balanced experience that caters to both adventure seekers and those looking to unwind amidst nature.

Physical Challenge:

Varied Terrain: Trekkers navigate a range of terrains, from steep ascents to rugged paths, making the trek physically demanding yet rewarding. The trek reaches altitudes near 3,810 meters at the Chele La Pass, requiring good physical fitness and acclimatization to the high altitude.

Endurance Test: The daily hikes, which last several hours, test endurance and strength. This physical challenge is not only about reaching new heights geographically but also about personal accomplishment and pushing one's limits.

Relaxation:

Serene Natural Settings: The trek moves through some of the most peaceful and pristine environments in Bhutan. The natural tranquility of these areas, from quiet forests to sweeping valley views, provides a perfect backdrop for meditation and reflection.

Cultural Immersion:Engaging with the local culture and visiting tranquil monastic sites add a relaxing spiritual dimension to the trek. These experiences allow trekkers to slow down and reflect on the simpler, more profound aspects of life.

Recovery Opportunities:At the end of each day, trekkers can relax in the comfort of well-appointed lodges or campsites. These moments of rest are essential for rejuvenating the body and mind, preparing for the next day's adventures.

Connection with Nature:The connection with the natural world is known to have a calming effect on the mind. The abundance of natural beauty, from panoramic vistas to the detailed beauty of flora and fauna, helps to reduce stress and promote mental well-being.

Overall, the**Chele La Trek**with Amen Bhutan Tours and Treks offers a holistic experience that challenges the body physically while providing ample opportunities to relax, rejuvenate, and reconnect with nature and oneself. This balance makes the trek not just a journey through beautiful landscapes but also a journey of personal growth and relaxation.

The**Chele La Trek**with Amen Bhutan Tours and Treks encapsulates the essence of Bhutan's breathtaking natural beauty and its profound, vibrant culture. This trek offers a unique blend of challenging high-altitude hikes and serene moments of relaxation, set against the backdrop of some of the most spectacular landscapes in the Himalayas. From the panoramic views at the**Chele La Pass**to the rich biodiversity and the intimate cultural encounters in remote villages and ancient monasteries, each step of this journey enriches the soul and tests the spirit. Whether you're a photographer, a nature enthusiast, or someone seeking a meaningful escape, the**Chele La Trek** promises an unforgettable adventure that goes beyond the ordinary, leaving trekkers with memories that last a lifetime and a deeper appreciation of Bhutan's natural and cultural treasures.

Itinerary

Day 01: Arrival in Paro (Altitude: 2,200m) and Sightseeing in Paro (2200m).

Arrival and Reception:Upon landing at Paro International Airport, you will be warmly welcomed by our representative from**Amen Bhutan Tours and Treks**. Our representative will be there to receive you right outside the terminal building, holding a sign with your name for easy recognition. From there, we will assist you with your luggage and transport you to your hotel.

Acclimatization: The first day is crucial for acclimatization to the higher altitude. We encourage you to take it easy and give your body time to adjust to the altitude. Stroll around the town of Paro, enjoy the fresh mountain air, and rest as much as needed. It's important to drink plenty of fluids and stay hydrated.

Exploring Paro: If you feel up to it, you can start exploring some of Paro's cultural landmarks. Visit the National Museum, housed in an old watchtower, which offers a great introduction to Bhutan's history and cultural heritage. Another must-see is the Rinpung Dzong, a fortress that serves both as a religious and administrative center, beautifully illustrating Bhutanese architecture and traditions.

Preparation for the Trek: In the evening, there will be a brief meeting with your trek guide who will go over the itinerary in detail, check your preparedness, and answer any last-minute questions you might have. This is an excellent opportunity to meet your fellow trekkers and get excited about the adventure ahead.

Relaxation: After the meeting, enjoy a welcome dinner where you can taste traditional Bhutanese cuisine, a perfect end to your first day in Bhutan. Spend your evening relaxing and enjoying the amenities at your hotel, preparing for the start of your trek the next day.

Day 02: Hike to Taktsang Monastery for acclimatization (Altitude: 3,000m)

Morning Preparation: After breakfast at your hotel in Paro, we'll gather our day packs and prepare for the hike. Be sure to wear comfortable hiking boots and carry water, snacks, a hat, sunscreen, and your camera. The weather can be quite variable, so layered clothing is recommended.

The Hike to Taktsang Monastery: The hike to Taktsang Monastery is one of the most scenic and spiritually uplifting walks you can experience in Bhutan. The trail begins with a gentle climb through beautiful pine forests adorned with Spanish moss and fluttering prayer flags. As you ascend, you'll catch occasional glimpses of the monastery, perched seemingly impossibly on a cliff face 900 meters above the valley floor.

It typically takes about 2 to 3 hours to reach the viewpoint cafeteria, which provides a magnificent direct view of the monastery. This is a perfect place to rest and enjoy a cup of tea or coffee. From here, it's about another hour to the monastery itself, involving some steep steps and a rewarding path through the forest.

Exploring Taktsang Monastery: Upon arrival at Taktsang, you will have the opportunity to explore the monastery's various rooms and temples. This site is considered sacred because it is said that Guru Rinpoche (Padmasambhava), the patron saint of Bhutan, flew to this exact spot on the back of a tigress in the 8th century to subdue a local demon. Afterwards, he meditated here for three months.

The Spiritual and Cultural Significance: The monastery is one of the most holy places in Bhutan and attracts pilgrims from all over the country. It's an excellent opportunity to learn about Bhutanese Buddhism's deep spiritual roots and the cultural importance of monastic life.

Return to Paro: After spending time exploring the monastery and perhaps meditating in one of its tranquil corners, we will hike back down to the valley floor. This return hike generally takes less time but can be taxing on the knees; trekking poles are highly recommended.

Evening Relaxation: Back in Paro, you can relax, unwind, and reflect on the day's spiritual journey and physical challenge. Enjoy a well-deserved dinner, and prepare for the next day's start of the trek into the high-altitude wilderness of the Chele La area.

Day 03: Drive from Paro to Haa (Altitude: 3,000m), then trek to Sagala (Altitude: 3,890m)

Morning Departure: After an early breakfast in Paro, you'll embark on a scenic drive to Haa via the Chele La pass. This route offers stunning panoramic views and, on a clear day, you might even see the sacred Mt. Jomolhari. The drive to Haa takes approximately 2 to 3 hours, winding through lush forests and alpine scenery, providing an excellent preview of the landscapes you'll explore more deeply on foot.

Arrival in Haa Valley: Upon reaching Haa, you'll find a small, tranquil valley that has only recently opened to tourism. Haa retains an air of untouched beauty and tradition, spared from the usual tourist paths. Take a moment to enjoy the serenity and beauty of the valley, often dotted with traditional farmhouses and ancient temples.

Starting the Trek to Sagala: From Haa, you'll begin your trek to Sagala. This part of the trek introduces you to the alpine meadows and dense coniferous woods, typical of the region's natural beauty. The trek to Sagala is moderately challenging, with an ascent to an altitude of 3,890 meters. You will cover this segment in about 3 to 4 hours, depending on your pace and how often you stop to enjoy the stunning views and capture photos.

Sagala Pass: Reaching Sagala Pass is a highlight of the day. The pass offers expansive views of the Haa Valley to one side and the stark drop to the Paro Valley on the other. It's a magnificent spot that epitomizes the rugged, untouched beauty of Bhutan. The area around Sagala is also known for its diverse flora and fauna, so keep your eyes peeled for native birds and wildlife.

Setting Camp: At Sagala, you'll set up camp for the night. Camping here allows you to enjoy the tranquility of the mountains under a star-studded sky. It's a perfect time to reflect on the journey so far and prepare mentally for the trekking days ahead.

Evening at Camp: Enjoy a hearty dinner prepared by our support staff, and perhaps gather around a small campfire (where permissible) for a session of stories or songs. The peaceful environment, coupled with the camaraderie of the trek group, makes for a memorable evening in the heart of the Himalayas.

Day 04: Trek from Sagala to Ningula (Altitude: 3,850m)

Morning Routine: The day begins early with a hearty breakfast at the Sagala campsite, surrounded by the serene beauty of the mountains. After packing up camp, you'll be briefed on the day's route and what to expect in terms of terrain and weather conditions.

Trekking to Ningula: The trek from Sagala to Ningula is relatively moderate but includes some gradual ascents and descents. The distance covered will be manageable, allowing you to fully enjoy the surroundings without rushing. As you trek towards Ningula, the trail takes you through diverse landscapes including dense rhododendron forests, which might be in vibrant bloom if you're trekking in the spring. The altitude throughout the day remains around 3,850 meters, ensuring that you are acclimatizing well without significant elevation gain from the previous day.

Scenic Highlights: As you progress towards Ningula, keep an eye out for spectacular views of the Himalayan peaks in the distance, including possible sightings of Mt. Jomolhari on a clear day. The path also offers panoramic views of the deep valleys and high mountain ridges that characterize this region. This part of the trek is particularly photogenic, with opportunities to capture the pristine beauty of Bhutan's landscape.

Arrival at Ningula: Upon reaching Ningula, you'll find a beautiful spot for setting up the next camp. Ningula offers a unique vantage point with breathtaking views and is an ideal place for an overnight stay. The area is known for its tranquil atmosphere, providing a peaceful end to the day's trek.

Camp Setup and Evening Activities: Once camp is set, you can relax and rejuvenate. Enjoy another well-prepared dinner amidst the mountains. Post dinner, there might be an opportunity for a brief walk around the campsite to appreciate the evening hues or stargaze, which is a remarkable experience at such altitudes, away from the light pollution of cities.

Reflection and Rest: As the day winds down, this is a perfect time to reflect on the journey so far. Sharing experiences with fellow trekkers around a small campfire, if conditions allow, can make for enduring memories. Rest is essential, as rejuvenation is key for the continuation of the trek the following day.

Day 05: Trek from Ningula to Chele Pass (3990m) and drive to Thimphu (2320m)

Morning Start: Your day begins with an early breakfast at the Ningula campsite, energizing you for the ascent ahead. After breaking camp, you'll start the trek with a brief on the day's route, focusing on safety and the unique terrain to be encountered.

Ascent to Chele Pass: The trek from Ningula to Chele Pass involves a gradual ascent through diverse ecosystems. As you climb higher, you'll notice changes in the vegetation and possibly even some snow patches depending on the season. The path becomes steeper as you approach the pass, challenging your stamina and rewarding you with increasingly spectacular views.

Scenic Views and Photo Opportunities: Reaching the Chele Pass is a significant achievement, offering panoramic vistas of the surrounding majestic Himalayan ranges. The pass itself is a fantastic spot for photography, with views of distant peaks and deep valleys. The clear air at this altitude makes for particularly vivid photographs, capturing the rugged beauty of Bhutan's landscape.

Cultural and Natural Significance: The Chele Pass holds cultural significance to the local communities as a guardian site and is often adorned with colorful prayer flags that flutter in the wind, adding a spiritual dimension to the natural beauty. The area is also known for its unique flora and fauna, and you might spot high-altitude birds and other wildlife.

Descent and Drive to Thimphu: After spending some time at the Chele Pass, you will begin your descent. The trail down can be steep and requires careful footing. Upon reaching the road head, our vehicles will be waiting to transport you to Thimphu, the capital of Bhutan. This drive marks a transition from the remote wilderness back to urban civilization, providing a comfortable end to a vigorous day of trekking.

Arrival in Thimphu: In Thimphu, you will check into a hotel where you can enjoy modern amenities and a much-deserved rest. The evening can be spent exploring some of Thimphu's cultural sites if time and energy permit, or simply relaxing and enjoying the comforts of your hotel.

Reflection: This evening offers a perfect opportunity to reflect on the accomplishments of the past days, particularly the ascent to Chele Pass. Enjoy dinner at your hotel, discussing the day's experiences with your fellow trekkers, and preparing for the continued exploration of Bhutan in the coming days.

Day 06: Sightseeing in Thimphu and drive to Paro

Morning Exploration in Thimphu: Your day starts with a delicious breakfast at your hotel in Thimphu. Then, it's time to explore the cultural and historical landmarks of the city. Key attractions you might visit include:

The National Memorial Chorten: This stupa was built in memory of the third king of Bhutan and is a focus for daily religious life in the city.

Tashichho Dzong: A beautiful fortress that houses the throne room and offices of the King of Bhutan, as well as several government ministries and the central monk body.

The Folk Heritage Museum: An insight into traditional Bhutanese lifestyle and heritage, housed in a restored three-story traditional rammed mud and timber house.

Buddha Dordenma Statue: Visit the giant Buddha statue that overlooks the valley from atop a hill, offering panoramic views of the surroundings.

Lunch in Thimphu: Enjoy lunch at one of Thimphu's restaurants, where you can try a variety of traditional Bhutanese dishes as well as international cuisine.

Afternoon Drive to Paro: After lunch, you'll begin the drive back to Paro. This picturesque journey takes about an hour and offers stunning landscapes along the way. The route follows the Thimphu River down the valley before climbing back up through forests and over the mountain pass to Paro.

Evening at Leisure in Paro: Upon arriving in Paro, check into your hotel and enjoy some time at leisure. This is an excellent opportunity to relax, enjoy the hotel amenities, or do some last-minute shopping in Paro town. Explore the local shops for handicrafts and souvenirs such as hand-woven textiles, wooden bowls, bamboo items, and traditional Bhutanese masks.

Reflective Evening: Dinner will be served at your hotel, providing you with another chance to enjoy Bhutanese cuisine. Spend the evening reflecting on your trek and sightseeing experiences. This is also an opportune moment to prepare for your departure the following day, ensuring you have all your belongings and souvenirs packed.

Day 07: Final departure

Morning Preparation: Start your day with a breakfast at your hotel in Paro. This meal provides a moment to enjoy some last Bhutanese hospitality before you begin your journey home. After breakfast, make sure you have all your belongings packed and ready to go. Check out of the hotel and settle any incidental expenses you may have incurred during your stay.

Transfer to Paro International Airport: Your guide from **Amen Bhutan Tours and Treks** will arrange for your transfer to Paro International Airport. The drive from your hotel to the airport is short, but it's packed with poignant views of Paro Valley, a beautiful reminder of your trekking experience.

Airport Farewell: At the airport, your guide will assist you with luggage and guide you through the check-in process. This is also the time to say goodbye to your guide and the team who have accompanied you on your trek. It's a good moment to exchange contacts, share last photos, or even discuss any plans for future treks in Bhutan or elsewhere.

Reflect on Your Journey: As you wait for your flight, take some time to reflect on the experiences you've had during the trek. The landscapes, cultural insights, physical challenges, and spiritual encounters are all parts of a memorable adventure that you will carry with you long after you leave.

Flight and Onward Travel: Once aboard your flight, you can relax and think about your return home or your next destination. Whether you're heading straight home or continuing your travels elsewhere, the memories of the **Chele La Trek** will surely enrich your life and inspire future adventures.

Continued Engagement: We encourage you to stay in touch with **Amen Bhutan Tours and Treks**. Sharing your feedback, writing a review, or following and engaging on social media can help us improve and also keep the spirit of your Bhutanese journey alive.

Cost Details

What's Included

- ✓ **ARRIVAL AND DEPARTURE:**
All ground transport in a private vehicle, including airport and hotel transfers
- ✓ **ACCOMMODATION DURING THE TRIP:**
Comfortable lodging throughout the trek
- ✓ **ACCOMMODATIONS DURING THE TREK**
Accommodation in a tented camp during the trekking days
- ✓ **SIGHTSEEING FEES & VISA**
All entrance fees to museums and monuments / A Bhutanese Tourist Visa fee
- ✓ **MEALS DURING THE TOUR AND TREK**
Full board meals - standard breakfast, lunch, dinner, tea & snacks.
- ✓ **TRANSPORTATION:**
All ground transportation in a comfortable private vehicle as per the itinerary
- ✓ **GUIDE:**
An experienced, helpful, and friendly English-speaking Guide.
- ✓ **PORTERS**
Porter and pack animal services for trekking
- ✓ **STAFF SALARY AND ALLOWANCE:**
All Bhutanese staff & porter's daily wages, salary, equipment, food & clothing.
- ✓ **GUIDE FOR THE TOUR AND TREK**
Licensed English-speaking Bhutanese Professional tour and trekking guides.

GOVERNMENT TAXES:

- ✓ All government taxes and official expenses.

What's Not Included

INTERNATIONAL AIRFARE:

- ✗ International flight airfare (from and to Paro) Please contact us at info@amenbhutan.com to book a Bhutan flight.

INSURANCE POLICY:

- ✗ Travel Insurance (for trip cancellation, interruption, medical treatment, repatriation, etc.)

PERSONAL EXPENSES:

- ✗ Telephone Calls, Internet, laundry, soft drinks, beers, and any Alcoholic beverages.

FILMING:

- ✗ Special Filming, Camera, and Drone permit fee.

FOR PRIVATE AND CUSTOMIZE TRIP

- ✗ Please contact us

Group and Family Discounts

- ✗ Please contact us or send us an email at info@amenbhutan.com

TIPS:

- ✗ Tips for the guide & driver. (Tipping is Expected).

EXTRA:

- ✗ Any other services, activities, or personal expenses, which are not mentioned in the itinerary and other items not listed in the "Cost Includes" section.