



Incredible Bhutan Tour - 8 Days

Experience an unforgettable **8-day journey** through **Bhutan** with our meticulously designed tour, revealing the captivating wonders of the **Land of Happiness**. Explore the heart of Bhutan's culture as you traverse mystical valleys adorned with fluttering **prayer flags** and ancient **monasteries** perched on rugged cliffs. From the bustling streets of **Thimphu** to the serene landscapes of **Punakha** and the spiritual sanctuaries of **Paro**, immerse yourself in the rich tapestry of **Bhutanese tradition** and **Buddhist heritage**. Led by experienced local guides from **Amen Bhutan Tours and Treks**, this adventure promises a blend of breathtaking **scenery**, thrilling **treks**, and profound **cultural experiences**, ensuring an unparalleled journey of discovery in the heart of the majestic **Himalayas**.

Amen Bhutan Tours and Treks stands as the premier choice for embarking on an unforgettable **Incredible Bhutan Tour**. With our unwavering commitment to excellence, unmatched expertise in the region, and a passion for showcasing the beauty and richness of **Bhutan**, we guarantee an unparalleled experience. From meticulously crafted itineraries that highlight the best of **Bhutan's culture**, **landscape**, and **adventure**, to our dedicated team of experienced guides and staff, we ensure every aspect of your journey is meticulously planned and executed. Let us be your gateway to the wonders of **Bhutan**, and discover why we are acclaimed as the best in the business.

Itinerary

Day 01: Fly Paro, drive to Thimphu (L/D)

Arrival in Paro: Land at Paro International Airport, your gateway to the Kingdom of Bhutan, nestled in the heart of the Himalayas. Take in your first breaths of the crisp, fresh mountain air upon disembarking.

Immigration and Customs Clearance: Navigate through immigration and customs with your travel documents, including your passport and Bhutanese visa, ready for inspection.

Meet and Greet: Be welcomed by a representative from your tour operator or hotel, holding a sign for easy identification. They will assist you with your luggage and guide you to your transportation.

Scenic Drive to Thimphu: Embark on the scenic drive from Paro to Thimphu, the capital city. This approximately 1-hour journey offers stunning views of the surrounding valleys, rivers, and traditional Bhutanese architecture.

Check-in at Your Hotel: Upon arrival in Thimphu, check into your hotel. Use this time to relax and settle into your new surroundings.

Lunch: Enjoy a delicious lunch at a local restaurant or your hotel, giving you a taste of Bhutanese cuisine with dishes that blend both local and international flavors.

Explore Thimphu: Depending on your arrival time and preference, take a leisurely afternoon to start exploring Thimphu. Options include visiting the National Memorial Chorten, Buddha Dordenma Statue, or simply walking around the city to observe daily life.

Dinner: Conclude your day with dinner at your hotel or another local eatery, where you can further indulge in the culinary delights of Bhutan.

Evening at Leisure: Spend the remainder of your evening relaxing at your hotel or taking a gentle stroll through Thimphu's peaceful streets, preparing for the full day of activities ahead.

Overnight in Thimphu: Rest well and acclimatize to the altitude and atmosphere of Bhutan, ready to embrace the adventures the following day will bring on your 7 Nights 8 Days Bhutan Tour.

Day 02: Thimphu Sightseeing (B/L/D)

Breakfast at Hotel: Start your day with a hearty breakfast at your hotel, fueling up for a full day of exploration in Thimphu.

National Memorial Chorten: Begin your sightseeing tour with a visit to the National Memorial Chorten. This stupa, built in memory of the Third King of Bhutan, is a focal point of daily religious life in Thimphu.

Buddha Dordenma Statue: Next, head to the magnificent Buddha Dordenma, one of the largest Buddha statues in the world. Situated atop a hill, it offers panoramic views of the Thimphu Valley.

Tashichho Dzong: Explore Tashichho Dzong, a beautiful fortress and monastery that serves as the seat of Bhutan's government and royal offices. Its architecture is a fine example of traditional Bhutanese craftsmanship.

Lunch: Enjoy a traditional Bhutanese lunch at a local restaurant, where you can savor dishes made with fresh, local ingredients.

Textile Museum or Folk Heritage Museum: In the afternoon, choose between visiting the Textile Museum, which showcases Bhutan's rich weaving traditions, or the Folk Heritage Museum, offering insights into traditional Bhutanese lifestyle and architecture.

Handicrafts Market: Spend some time browsing the Handicrafts Market, where you can find a wide array of Bhutanese crafts, textiles, and souvenirs. It's a great place to pick up gifts or mementos of your trip.

Changangkha Lhakhang: Visit Changangkha Lhakhang, one of Thimphu's oldest temples, known for its exquisite interior decorations and commanding view of the valley.

Dinner: Return to your hotel or dine at another local restaurant, where you can relax and enjoy another delicious meal.

Evening at Leisure: After dinner, you may wish to take a leisurely walk, participate in a cultural activity if available, or simply unwind at your hotel, reflecting on the day's experiences.

Overnight in Thimphu: Rest and recharge for another day of adventure as you continue your journey through Bhutan.

Day 03: Thimphu - Gangtey (6 – 7 hours) (B/L/D)

Breakfast at Hotel: Begin your day with an early breakfast at your hotel, preparing for the scenic drive to Gangtey.

Departure from Thimphu: After breakfast, depart from Thimphu. The journey to Gangtey is an adventure in itself, offering stunning views of the Himalayan landscape as you traverse through the winding mountain roads.

Dochula Pass: En route, make a stop at Dochula Pass, located at an elevation of 3,100 meters. On a clear day, the pass offers one of the most spectacular panoramic views of the Eastern Himalayan mountain ranges. The 108 chortens (stupas) that dot the landscape here add to the spiritual ambiance.

Lunch at Wangduephodrang: Continue your journey towards Gangtey, stopping for lunch at a local restaurant in Wangduephodrang. This provides a delightful opportunity to sample more Bhutanese cuisine and perhaps interact with locals.

Arrival in Gangtey (Phobjikha Valley): Arrive in Gangtey, located in the beautiful Phobjikha Valley. This valley is known for its wide and flat valley bottom, a stark contrast to the dense forests and rugged terrain that characterizes much of Bhutan. It's also a winter home for the black-necked cranes.

Visit Gangtey Goenpa: After settling into your accommodation, visit Gangtey Goenpa, an important monastery of the Nyingmapa school of Buddhism, situated atop a hill overlooking the valley. The serene atmosphere and spiritual significance of the place offer a tranquil experience.

Nature Trail Walk: If time and energy permit, take a leisurely walk on the Gangtey Nature Trail. This easy hike provides stunning views of the valley and is an excellent way for bird watchers to possibly spot the black-necked cranes (seasonal).

Dinner: Enjoy dinner at your hotel or a local eatery in Gangtey. The peaceful surroundings of the valley make for a perfect backdrop to savor your meal and reflect on the day's journey.

Evening Relaxation: Spend your evening at leisure, relaxing in the serene and tranquil environment of Gangtey. The quiet and clear night skies offer a perfect opportunity for stargazing.

Overnight in Gangtey: Rest in the comfort of your hotel or guesthouse, nestled in the Phobjikha Valley, gearing up for more explorations in and around this magnificent natural wonder.

Day 04: Gangtey – Punakha (2 hours 30 minutes)

Breakfast at Hotel: Start your day with a nourishing breakfast in Gangtey, taking in the tranquil morning views of the Phobjikha Valley.

Departure from Gangtey: After breakfast, begin your journey towards Punakha, once the capital of Bhutan and still home to the Punakha Dzong, a masterpiece of Bhutanese architecture.

Scenic Drive: The drive from Gangtey to Punakha is relatively short but scenic, offering views of the lush Bhutanese countryside, traditional farmhouses, and terraced fields. The journey typically takes about 2.5 hours.

Chimi Lhakhang Visit: En route, consider stopping at Chimi Lhakhang, also known as the "Fertility Temple," located near Lobesa. It stands on a round hillock and is famously associated with Lama Drukpa Kunley, the "Divine Madman," known for his unconventional approach to Buddhism.

Lunch in Punakha: Arrive in Punakha and enjoy lunch at a local restaurant, offering a chance to taste Punakha's unique flavors and dishes.

Punakha Dzong Exploration: After lunch, visit the Punakha Dzong, also known as Pungthang Dewachen Phodrang or the "Palace of Great Happiness." Situated at the confluence of the Pho Chhu and Mo Chhu rivers, it's one of the most beautiful dzongs in Bhutan.

Suspension Bridge: Take a short walk to the nearby suspension bridge, one of the longest in Bhutan, offering spectacular views of the rivers and dzong. It's a great spot for photography enthusiasts.

Check-in at Hotel: Proceed to check into your hotel in Punakha. Take some time to relax and freshen up after the day's journey.

Dinner: Enjoy a peaceful dinner at your hotel or a local restaurant, reflecting on the day's experiences amidst the serene and majestic landscape of Punakha.

Evening at Leisure: Spend your evening relaxing at the hotel, perhaps taking a stroll in the surrounding area to enjoy the pleasant climate and natural beauty of Punakha.

Overnight in Punakha: Conclude your day with a restful night in Punakha, looking forward to more adventures and exploration in this historically and culturally rich region of Bhutan.

Day 05: Full Day Punakha Punakha (6 – 7 hours)

Breakfast at Hotel: Begin your day with a delightful breakfast at your Punakha accommodation, fueling up for a day full of exploration.

Khamsum Yulley Namgyal Chorten: Start your Punakha adventure with a hike to Khamsum Yulley Namgyal Chorten. This beautiful stupa, set on a hilltop, offers panoramic views of the valley and is a fine example of Bhutanese architectural and artistic tradition. The hike up is refreshing and provides unique insights into rural Bhutanese life.

Ritsha Village: Visit Ritsha village, often referred to as a model rice-growing village in Bhutan. Experience the traditional way of life in Bhutan, with homes made of mud and stones and surrounded by paddy fields. It's a great opportunity to learn about local agricultural practices and daily life.

Lunch: Enjoy lunch back in the town of Punakha or at a scenic spot in the valley, savoring local cuisine that highlights the agricultural bounty of the region.

Punakha Dzong: If not visited the previous day or for a more in-depth exploration, revisit Punakha Dzong. Spend more time admiring its architectural beauty, learning about its historical significance, and exploring its courtyards and temples.

Nalanda Buddhist Institute (Dalayna): Visit the Nalanda Buddhist Institute, also known as Dalayna, to witness Bhutanese monastic life. Interact with the monks and learn about their daily routines and studies. The serene environment offers a sense of peace and introspection.

Mo Chhu River Rafting (Optional): For those seeking adventure, consider an afternoon of white-water rafting on the Mo Chhu River. This activity provides a thrilling way to experience Punakha's natural beauty from the water (seasonal and subject to weather conditions).

Dinner: Dine at your hotel or explore another local restaurant in Punakha, enjoying the tranquility of the valley as the day comes to a close.

Evening Reflection: Spend your evening at leisure, perhaps reflecting on the day's experiences, journaling, or simply enjoying the peaceful ambiance of Punakha.

Overnight in Punakha: After a day filled with cultural insights, natural beauty, and possibly adventure, enjoy a restful night's sleep in Punakha, recharging for the next day's journey.

Day 06: Punakha to Paro (4 hours)

Breakfast at Hotel: Start your day with breakfast at your hotel in Punakha. Enjoy the serene morning ambiance before embarking on your journey back to Paro.

Departure from Punakha: Begin your 4-hour drive back to Paro. The journey retraces the picturesque routes through Bhutan's mountains, offering one last chance to relish the breathtaking landscapes of the region.

Simtokha Dzong Visit: En route to Paro, consider stopping at Simtokha Dzong, the oldest dzong in Bhutan, built in 1629. It plays a significant role in Bhutan's history and is an excellent example of traditional Bhutanese architecture.

Lunch Stop: Take a lunch break at a local restaurant along the way. It's an opportunity to try different Bhutanese dishes or enjoy familiar favorites.

Arrival in Paro: Upon arrival in Paro, check into your hotel and take some time to settle in and relax after the journey.

Paro Rinpung Dzong: In the afternoon, visit the Paro Rinpung Dzong, known as the "Fortress on a Heap of Jewels." This dzong serves as an administrative and monastic center and is a fine illustration of Bhutanese architecture and art.

Ta Dzong - National Museum: If time permits, head to the Ta Dzong, originally built as a watchtower and now housing the National Museum. The museum showcases a rich collection of art, artifacts, and thangkas, offering insights into Bhutan's cultural heritage.

Dinner: Enjoy dinner at your hotel or a local restaurant in Paro, where you can savor the culinary delights of the region in a cozy setting.

Evening Leisure: Use the evening to explore Paro town, perhaps taking a leisurely walk through its streets, visiting local shops for last-minute souvenirs, or simply enjoying the peaceful atmosphere.

Overnight in Paro: After a day of travel and exploration, spend the night at your Paro accommodation, resting and preparing for the next day's adventures, which may include a visit to the iconic Tiger's Nest Monastery.

Day 07: In Paro (B/L/D)

Breakfast at Hotel: Begin your final day in Bhutan with a delicious breakfast at your hotel in Paro, savoring the flavors and preparing for a day of exploration.

Tiger's Nest Monastery Hike: Embark on an unforgettable hike to the iconic Tiger's Nest Monastery (Taktsang Palphug Monastery). Perched on a cliffside at an elevation of 3,120 meters, this sacred site offers breathtaking views and a glimpse into Bhutan's spiritual heritage. The hike typically takes around 2-3 hours to reach the monastery.

Visit Kyichu Lhakhang: After descending from Tiger's Nest, visit Kyichu Lhakhang, one of the oldest and most sacred temples in Bhutan. This serene temple is said to have been built in the 7th century by the Tibetan Emperor Songtsen Gampo.

Lunch: Enjoy a well-deserved lunch at a nearby restaurant, replenishing your energy with a satisfying meal.

Paro Town Exploration: Spend the afternoon exploring Paro town at your leisure. Stroll through its charming streets, visit local shops for souvenirs, or simply soak in the atmosphere of this historic town.

Rinpung Dzong Visit (Optional): If you wish to delve deeper into Bhutanese history and architecture, consider revisiting the Paro Rinpung Dzong in the afternoon. Marvel at its intricate design and learn about its significance as both a fortress and a monastery.

Dinner: As the day draws to a close, enjoy a farewell dinner at your hotel or a restaurant in Paro, reminiscing about your journey through Bhutan and the memories you've created.

Evening Reflection: Take some time in the evening to reflect on your Bhutanese adventure, recalling the sights, sounds, and experiences that have made your trip truly special.

Overnight in Paro: Spend your final night in Bhutan at your Paro accommodation, cherishing the tranquility and beauty of this Himalayan kingdom before your departure.

Day 08: Drive to Paro airport for onward flight to Kathmandu (B).

Breakfast at Hotel: Start your day with a hearty breakfast at your hotel in Paro, savoring your last moments in Bhutan.

Drive to Paro Airport: After breakfast, embark on a scenic drive from your hotel to Paro International Airport. Enjoy the final glimpses of Bhutan's stunning landscapes and serene atmosphere along the way.

Airport Check-in: Arrive at Paro Airport and proceed to check-in for your onward flight to Kathmandu. Ensure you have all necessary travel documents, including your passport and boarding pass.

Boarding: Once checked in, proceed to the boarding gate for your flight to Kathmandu. Bid farewell to the Kingdom of Bhutan, carrying with you cherished memories of your time spent exploring its cultural and natural wonders.

Flight to Kathmandu: Board your flight from Paro to Kathmandu, ready to embark on the next leg of your journey. Sit back, relax, and enjoy the scenic aerial views as you fly over the majestic Himalayas.

Arrival in Kathmandu: Upon arrival at Tribhuvan International Airport in Kathmandu, complete immigration and customs procedures. Welcome back to Nepal's vibrant capital city, where ancient culture and modern life intertwine.

End of Tour: Your 7 Nights 8 Days Bhutan tour concludes upon your arrival in Kathmandu. From here, you may continue your travels or make arrangements for your onward journey.

Cost Details

What's Included

- ✓ **ARRIVAL AND DEPARTURE:**
All ground transport in a private vehicle, including airport and hotel transfers
- ✓ **ACCOMMODATION DURING THE TRIP:**
Comfortable lodging throughout the tour.
- ✓ **SIGHTSEEING FEES & VISA**
All entrance fees to museums and monuments / A Bhutanese Tourist Visa fee

MEALS DURING THE TOUR

- ✓ Full board meals - standard breakfast, lunch, dinner, tea & snacks.

TRANSPORTATION:

- ✓ All ground transportation in a comfortable private vehicle as per the itinerary

GUIDE:

- ✓ An experienced, helpful, and friendly English-speaking Guide.

STAFF SALARY AND ALLOWANCE:

- ✓ All Bhutanese staff & porter's daily wages, salary, equipment, food & clothing.

GUIDE FOR THE TOUR

- ✓ Licensed English-speaking Bhutanese Professional tour guides.

WATER DURING TOUR

- ✓ Mineral drinking water during the tour

GOVERNMENT TAXES:

- ✓ All government taxes and official expenses.



What's Not Included

INTERNATIONAL AIRFARE:

- ✗ International flight airfare (from and to Paro) Please contact us at info@amenbhutan.com to book a *Bhutan flight*.

INSURANCE POLICY:

- ✗ Travel Insurance (for trip cancellation, interruption, medical treatment, repatriation, etc.)

PERSONAL EXPENSES:

- ✗ Telephone Calls, Internet, laundry, soft drinks, beers, and any Alcoholic beverages.

FILMING:

- ✗ Special Filming, Camera, and Drone permit fee.

FOR PRIVATE AND CUSTOMIZE TRIP

- ✗ Please contact us

✕ **Group and Family Discounts**

✕ Please contact us or send us an email at info@amenbhutan.com

✕ **TIPS:**

✕ Tips for the guide & driver. (Tipping is Expected).

EXTRA:

✕ Any other services, activities or personal expenses, which are not mentioned in the itinerary and other items not listed in the "Cost Includes" section.

