



## Punakha Tshechu (Festival) - 8 Days

The **Punakha Tshechu**, a vibrant celebration deeply rooted in **Bhutanese culture**, is an annual festival renowned for its **religious significance** and colorful pageantry. Held at the historic **Punakha Dzong**, this auspicious event features a mesmerizing array of **traditional costumes**, **masked performers**, and **ritualistic dances**, including the captivating **Cham dances**. With origins dating back centuries, the Tshechu honors the teachings of **Guru Rinpoche** and serves as a symbol of spiritual devotion and communal unity. As one of Bhutan's most cherished **religious celebrations**, the Punakha Tshechu attracts pilgrims and travelers from far and wide, offering a unique opportunity to witness **sacred rituals** and partake in the festive ambiance of this cherished cultural heritage.

As the foremost authority on Punakha Tshechu (Festival) experiences, **Amen Bhutan Tours and Treks** stands out for its exceptional services. Renowned for our expertise in curating immersive cultural journeys, our devoted team ensures every detail of your Tshechu encounter is meticulously arranged and flawlessly executed. From securing prime spots to witness traditional dances and religious rituals, to offering insightful guidance on Bhutanese culture and heritage, we are dedicated to crafting unforgettable memories for our guests. With an unwavering commitment to excellence and a profound passion for showcasing the best of Bhutan, **Amen Bhutan Tours and Treks** embodies the pinnacle of quality and authenticity in festival travel experiences.

## Itinerary

### Day 01: Arrive in Paro drive to Thimphu.

**Arrival in Paro:** Upon arrival at Paro International Airport, travelers will be greeted by the breathtaking landscapes of Bhutan as they disembark from their flight.

**Immigration and Customs:** After disembarking, travelers proceed through immigration and customs procedures at Paro International Airport. Immigration forms and customs declarations may need to be completed, depending on the traveler's nationality and entry requirements.

**Meet and Greet:** Visitors may be met by their tour guide or representative from their chosen tour operator, who will assist with luggage and transportation arrangements.

**Drive to Thimphu:** Following the meet and greet, travelers embark on a scenic drive from Paro to Thimphu, the capital city of Bhutan. The journey offers stunning views of the Himalayan mountains, lush valleys, and traditional Bhutanese villages along the way.

**Duration of the Drive:** The drive from Paro to Thimphu typically takes around 1.5 to 2 hours, depending on road conditions and traffic. The distance between Paro and Thimphu is approximately 55 kilometers (34 miles).

**Road Conditions:** The road from Paro to Thimphu is well-maintained and offers a smooth and comfortable journey for travelers. However, travelers should be prepared for winding mountain roads and occasional steep ascents or descents.

**Scenic Landscapes:** Throughout the drive, travelers are treated to panoramic views of Bhutan's natural beauty, including lush forests, terraced fields, and cascading rivers. Opportunities for photo stops may be available along the route to capture the stunning landscapes.

**Arrival in Thimphu:** Upon reaching Thimphu, travelers are welcomed to the bustling capital city, where they can check into their accommodations and begin exploring the city's cultural attractions, markets, and landmarks.

**Orientation:** Tour guides or hotel staff may provide travelers with an orientation of Thimphu, highlighting key points of interest, dining options, and activities available during their stay.

**Rest and Relaxation:** After a day of travel, travelers can unwind and acclimatize to the altitude and pace of Bhutan by enjoying a leisurely evening in Thimphu, sampling local cuisine, and preparing for the adventures that lie ahead in this enchanting Himalayan kingdom.

## Day 02: Halt in Thimphu

**Morning Exploration:** Start the day with a hearty breakfast at your accommodation in Thimphu before embarking on a day of exploration in Bhutan's capital city.

**Visit to Tashichho Dzong:** Begin your sightseeing with a visit to Tashichho Dzong, an impressive fortress-monastery that serves as the seat of the government and the central monastic body. Marvel at the intricate architecture and vibrant colors of this iconic landmark.

**Buddha Dordenma Statue:** Next, head to the towering Buddha Dordenma Statue, one of the largest Buddha statues in the world. Take in panoramic views of Thimphu Valley from this majestic site and learn about the significance of this sacred monument.

**Exploration of Memorial Chorten:** Pay homage to Bhutan's third king, Jigme Dorji Wangchuck, at the Memorial Chorten. Join locals as they circumambulate the stupa, spinning prayer wheels and offering prayers for peace and prosperity.

**Traditional Arts and Crafts:** Immerse yourself in Bhutanese culture and craftsmanship with a visit to the National Institute for Zorig Chusum. Watch skilled artisans at work as they create intricate paintings, sculptures, woodwork, and textiles.

**Local Market Experience:** Wander through Thimphu's bustling markets, such as the Centenary Farmers' Market or the Crafts Bazaar, to discover a vibrant array of local produce, handicrafts, textiles, and souvenirs. Engage with friendly vendors and immerse yourself in the sights, sounds, and flavors of Bhutanese life.

**Lunch at a Local Eatery:** Enjoy a delicious Bhutanese meal at one of Thimphu's authentic restaurants or cafes. Indulge in traditional dishes such as ema datshi (chili and cheese stew), phaksha paa (pork with spicy red chili), or vegetarian options like kewa datshi (potatoes with cheese).

**Cultural Performances:** Attend cultural performances or demonstrations showcasing traditional Bhutanese music, dance, and folklore. Check with local authorities or cultural centers for any scheduled performances during your visit to Thimphu.

**Leisure Time:** Spend the afternoon at your leisure, exploring Thimphu's charming streets, relaxing in a local tea house, or simply soaking in the serene ambiance of this Himalayan capital.

**Evening Stroll:** Wind down your day with a leisurely evening stroll along Thimphu's scenic riverside or through its tranquil parks and gardens. Reflect on the day's adventures and savor the unique charm of Bhutan's capital city before returning to your accommodation for a restful night's sleep.

## Day 03: Thimphu to Punakha

**Morning Departure:** Begin the day early with breakfast at your accommodation in Thimphu before embarking on the scenic journey from Thimphu to Punakha.

**Drive through Dochula Pass:** Depart Thimphu and head towards Punakha, passing through the breathtaking Dochula Pass. Marvel at panoramic views of the Himalayas and take in the serene beauty of the surrounding mountains and valleys.

**Visit Dochula Monastery:** Stop at Dochula Pass to visit Dochula Monastery and the iconic cluster of 108 chortens (stupas) that adorn the hilltop. Take a moment to soak in the spiritual ambiance and capture stunning photographs of the panoramic vistas.

**Tea Break:** Enjoy a refreshing tea break at a local cafe or roadside stall, savoring Bhutanese snacks and beverages while taking in the majestic mountain scenery.

**Descending into Punakha Valley:** Continue your journey as you descend into the lush Punakha Valley, passing through picturesque villages, terraced fields, and verdant forests along the way.

**Visit Chimi Lhakhang:** Make a stop at Chimi Lhakhang, a revered Buddhist temple dedicated to the divine madman, Drukpa Kunley. Explore the temple grounds and learn about the unique fertility rituals associated with this sacred site.

**Explore Punakha Dzong:** Arrive in Punakha and visit Punakha Dzong, one of Bhutan's most majestic fortress-monasteries. Admire the grand architecture, intricate woodwork, and stunning riverside location of this historic landmark.

**River Rafting:** For the adventurous at heart, consider embarking on a thrilling river rafting excursion on the Mo Chhu River. Experience the rush of whitewater rapids amidst the pristine natural beauty of Punakha Valley.

**Lunch by the River:** Enjoy a picnic lunch by the riverside, soaking in the tranquil ambiance and panoramic views of the surrounding mountains and lush greenery.

**Check into Accommodation:** Check into your accommodation in Punakha and unwind after the day's journey. Take some time to relax and rejuvenate before venturing out to explore more of Punakha's cultural and natural attractions.

**Evening Leisure:** Spend the evening at your leisure, perhaps taking a leisurely stroll along the riverbanks or enjoying a traditional Bhutanese dinner at a local restaurant. Reflect on the day's adventures and prepare for the excitement of the Punakha Tshechu festivities ahead.

## Day 04: Punakha Drupchen

**Morning Rituals:** Begin the day early by participating in the morning rituals and prayers at Punakha Dzong, setting the spiritual tone for the Drupchen festival.

**Observation of Ceremonies:** Witness the intricate religious ceremonies and rituals performed by Buddhist monks inside Punakha Dzong as part of the Drupchen festival. These ceremonies often include chanting, prayers, and offerings to deities.

**Masked Dance Performances:** Experience the mesmerizing masked dance performances, known as cham dances, which are an integral part of the Drupchen festival. These colorful and symbolic dances depict Buddhist legends, myths, and spiritual teachings.

**Throngdrol Unfolding:** Attend the Throngdrol ceremony, where a massive thangka (religious painting) of Guru Rinpoche is unveiled to the public. This sacred ritual is believed to bestow blessings and purify the karma of those who witness it.

**Offering Ceremonies:** Participate in offering ceremonies where devotees present symbolic offerings such as butter lamps, fruits, grains, and flowers to the deities and receive blessings from the monks.

**Community Gatherings:** Engage in community gatherings and social interactions with locals and fellow festival-goers, fostering a sense of camaraderie and spiritual connection.

**Exploration of Punakha Dzong:** Take time to explore the architectural marvels and historical treasures of Punakha Dzong between festival ceremonies. Admire the intricate woodwork, colorful murals, and serene courtyards of this majestic fortress-monastery.

**Lunch Break:** Enjoy a traditional Bhutanese lunch at a local eatery or participate in a picnic-style meal by the riverside, savoring the flavors of Bhutanese cuisine amidst the festive atmosphere.

**Photography Opportunities:** Capture the vibrant colors, elaborate costumes, and sacred rituals of the Punakha Drupchen festival through photography, preserving memories of this cultural extravaganza for years to come.

**Evening Contemplation:** Reflect on the day's experiences and spiritual insights gained from attending the Punakha Drupchen festival. Take time for quiet contemplation and meditation, immersing yourself in the profound teachings and blessings of the Buddhist tradition.

## Day 05: Punakha to Paro

**Morning Departure:** Begin the day by checking out from your accommodation in Punakha and preparing for the journey back to Paro. Ensure all belongings are packed and ready for transportation.

**Scenic Drive:** Embark on a scenic drive from Punakha to Paro, retracing your route through the picturesque landscapes of the Punakha Valley and ascending towards the Dochula Pass.

**Stop at Dochula Pass:** Take a brief stop at Dochula Pass to admire the panoramic views of the Himalayas and the iconic cluster of 108 chortens (stupas). Capture photographs of the breathtaking mountain scenery before continuing your journey.

**Tea Break:** Enjoy a refreshing tea break at a roadside cafe or stall along the route, indulging in Bhutanese snacks and beverages while soaking in the majestic mountain vistas.

**Optional Sightseeing:** Depending on time and preferences, consider making stops at additional points of interest along the route, such as traditional villages, scenic viewpoints, or cultural landmarks.

**Lunch Break:** Pause for lunch at a local restaurant or eatery en route to Paro, sampling delicious Bhutanese cuisine and regional specialties to refuel for the remainder of the journey.

**Arrival in Paro:** Reach Paro in the afternoon, greeted once again by the charming ambiance and serene surroundings of this historic town nestled in the Paro Valley.

**Check into Accommodation:** Check into your accommodation in Paro and settle into your room, ensuring a comfortable and relaxing stay for the duration of your time in Paro.

**Exploration of Paro:** Spend the remainder of the day exploring the attractions of Paro at your leisure. Visit the Paro Dzong, stroll through the vibrant streets of downtown Paro, or browse local markets for souvenirs and handicrafts.

**Evening Relaxation:** Wind down your day with a leisurely evening in Paro, perhaps enjoying a quiet dinner at a local restaurant, taking a stroll along the Paro River, or simply unwinding at your accommodation and reflecting on the day's journey.

## Day 06: Halt in Paro

**Morning Exploration:** Start your day with a leisurely breakfast at your accommodation in Paro, fueling up for a day of exploration and relaxation in this picturesque town.

**Visit to Paro Taktsang (Tiger's Nest):** Embark on a memorable excursion to Paro Taktsang, also known as Tiger's Nest, one of Bhutan's most iconic and revered landmarks. Trek or ride on horseback to reach this cliffside monastery, perched dramatically on the edge of a sheer cliff.



**Exploration of Paro Town:** After returning from Paro Taktsang, spend some time exploring the charming streets and alleys of downtown Paro. Discover traditional Bhutanese architecture, browse local shops for souvenirs and handicrafts, and soak in the relaxed ambiance of this historic town.

**Optional Cultural Activities:** Depending on your interests, consider participating in optional cultural activities or experiences available in Paro, such as visiting museums, attending traditional performances, or trying your hand at Bhutanese archery, the national sport.

**Lunch Break:** Enjoy a delicious lunch at a local restaurant, sampling Bhutanese cuisine or international dishes to satisfy your appetite and recharge for the afternoon ahead.

**Relaxation and Rest:** Take advantage of the afternoon to relax and unwind at your accommodation or in one of Paro's tranquil parks or gardens. Enjoy some downtime to reflect on your journey and immerse yourself in the peaceful atmosphere of Bhutan's countryside.

**Exploration of Local Attractions:** If you're feeling adventurous, visit other local attractions in Paro, such as the National Museum of Bhutan, Drukgyel Dzong, or Kyichu Lhakhang, one of the oldest and most sacred temples in the country.

**Photography Opportunities:** Capture the beauty of Paro's landscapes and cultural heritage through photography, documenting your experiences and memories to cherish for years to come.

**Evening Leisure:** Spend the evening at your leisure, enjoying a quiet dinner at a local restaurant or indulging in Bhutanese hospitality with a traditional Bhutanese hot stone bath or massage.

**Stargazing:** If weather permits, venture outdoors in the evening to admire the starry skies above Paro, away from the lights of the city. Marvel at the celestial wonders overhead and contemplate the vastness of the universe before retiring for the night.

## Day 07: Hike to Taktshang

**Early Morning Start:** Begin your day with an early morning start to embark on the iconic hike to Taktsang Monastery, also known as Tiger's Nest, one of Bhutan's most famous and sacred sites.

**Preparation:** Ensure you have packed essential items such as water, snacks, sunscreen, a hat, and comfortable hiking shoes. Dress appropriately for the weather, and consider bringing a camera to capture the breathtaking views along the way.

**Journey to the Trailhead:** Travel to the trailhead, located approximately 10 kilometers north of Paro town. Depending on your accommodation location, you may take a private vehicle, taxi, or arrange transportation through your tour operator.

**Commencement of Hike:** Start the hike from the base of the mountain, where the trail begins. The hike to Taktsang Monastery is approximately 2.5 to 3 hours each way, covering a distance of about 4 kilometers (2.5 miles) uphill.

**Scenic Trail:** Follow the well-marked trail as it winds through pine forests and rhododendron groves, offering stunning views of the surrounding mountains and valleys. Take your time to enjoy the natural beauty and serenity of the hike.

**Midway Rest Point:** After about an hour of hiking, reach a scenic viewpoint known as the Cafeteria, where you can take a short break, enjoy refreshments, and soak in panoramic views of Taktsang Monastery perched on the cliffside across the valley.

**Final Ascent:** Resume your hike from the Cafeteria and continue ascending towards Taktsang Monastery. The trail becomes steeper as you approach the monastery, with stone steps leading to the final destination.

**Arrival at Taktsang Monastery:** Reach the iconic Taktsang Monastery, clinging precariously to the cliffs above Paro Valley. Marvel at the breathtaking architecture and spiritual significance of this revered site, which dates back to the 8th century.

**Exploration of Monastery:** Explore the various temples, shrines, and meditation caves within Taktsang Monastery, each offering a glimpse into Bhutan's rich cultural and religious heritage. Take time for quiet reflection and contemplation in this sacred space.

**Return Descent:** After exploring Taktsang Monastery and soaking in its spiritual ambiance, begin the descent back to the trailhead. Take care while descending the steep sections of the trail, and pace yourself to avoid fatigue.

**Conclusion:** Conclude your hike to Taktsang Monastery with a sense of accomplishment and reverence for this remarkable pilgrimage site. Reflect on the beauty and serenity of the journey as you return to Paro, cherishing the memories of your experience at Tiger's Nest.

## Day 08: Departure from Paro



**Final Morning in Paro:** Begin your last day in Paro by enjoying a leisurely breakfast at your accommodation, savoring the flavors of Bhutanese cuisine or international fare before departing for your journey home.

**Packing and Check-Out:** Complete any final packing and check-out procedures at your accommodation, ensuring that all belongings are securely packed and accounted for before departure.

**Transportation Arrangements:** Arrange transportation to Paro International Airport for your departure flight. Coordinate with your tour operator, hotel staff, or taxi service to ensure timely arrival at the airport.

**Travel Documents:** Ensure you have all necessary travel documents, including your passport, visa (if required), airline tickets, and any other relevant paperwork. Keep these documents easily accessible for check-in and security procedures.

**Airport Transfer:** Depart for Paro International Airport, allowing ample time for travel and potential traffic delays. Bid farewell to Paro and its scenic surroundings as you journey towards the airport for your departure.

**Security and Check-In:** Arrive at Paro International Airport and proceed through security and check-in procedures. Allow sufficient time for security screenings, baggage checks, and other airport formalities before your flight.

**Last-Minute Souvenirs:** If time permits, browse the shops and boutiques at Paro International Airport for last-minute souvenirs, gifts, or mementos to commemorate your time in Bhutan.

**Boarding and Departure:** Board your departure flight from Paro International Airport, bidding farewell to the enchanting landscapes of Bhutan as you embark on your journey homeward.

**Reflection and Gratitude:** Reflect on the memorable experiences and cherished moments from your time in Bhutan as you travel homeward. Express gratitude for the warm hospitality, rich culture, and spiritual insights gained during your visit to this Himalayan kingdom.

**Safe Travels:** Wishing you a safe and pleasant journey as you depart from Paro and return to your home destination. Carry with you the fond memories and transformative experiences of your Bhutanese adventure, and may they inspire and enrich your life for years to come.

## Cost Details

## What's Included

- ✓ Bhutan Royalties, tourists fees, Visa fees and taxes.
- ✓ Accommodations in listed or similar hotels (pleasant hotels 3 star) during the tour.
- ✓ All meals, including evening tea/coffee etc through-out the trip.
- ✓ All land transfers, sightseeing with entrance fees
- ✓ Bottled water in the vehicle and other camp services.

## What's Not Included

- ⊗ Luxury hotel upgrades available at additional cost.
- ⊗ Travel insurance
- ⊗ Expenses of personal nature
- ⊗ Drinks like beer, whisky, coke, fanta and Mineral water

