



## Bhutan Discovery Tour - 4 Days

Embarking on a **3 Nights 4 Days Bhutan Tour** is an invitation to immerse yourself in the mystique of the Himalayas, exploring the spiritual and natural wonders of a kingdom where tradition and modernity weave together seamlessly. This journey offers an unparalleled opportunity to delve into Bhutan's rich cultural heritage, from the serene beauty of Paro to the vibrant life of Thimphu, and includes the awe-inspiring hike to the iconic Tiger's Nest Monastery. Tailored for those seeking a blend of adventure, spirituality, and cultural exploration, this tour captures the essence of Bhutan's majestic landscapes, ancient monasteries, and the enduring charm of its people, promising a travel experience filled with discovery and enchantment.

Amen Bhutan Tours and Treks stands out as the premier choice for travelers seeking an unforgettable **3 Nights 4 Days Bhutan Tour**. With an unmatched commitment to delivering personalized experiences, this esteemed company masterfully blends adventure, culture, and serenity into a meticulously curated **Bhutan tour package**. From the breathtaking **Tiger's Nest hike** to the immersive **Thimphu and Paro sightseeing** experiences, Amen Bhutan Tours and Treks ensures every aspect of the journey resonates with the essence of Bhutanese beauty and heritage. Their deep understanding of Bhutan's rich cultural tapestry and dedication to sustainable tourism practices make them not just a tour operator but a true ambassador of Bhutanese hospitality. For those in pursuit of a **short Bhutan trip** that offers both depth and discovery, Amen Bhutan Tours and Treks is undoubtedly the best company to guide you through the mystical lands of Bhutan, ensuring a journey that's as memorable as it is transformative.

## Itinerary

**Day 01: Arrival in Paro (65 km from Thimphu, 2,280 m altitude) - Transfer to Thimphu (1-hour drive)**

**Arrival at Paro International Airport:**

**Welcome to Bhutan:** Arrive in the scenic town of Paro, set in a picturesque valley surrounded by majestic mountains. Paro Airport is known for its beautiful traditional architecture and stunning natural surroundings.

**Meet and Greet:** Upon landing, you'll be warmly welcomed by your local guide and driver at the airport.

### **Transfer to Thimphu:**

**Scenic Drive:** Embark on a 1-hour drive to Thimphu, the capital of Bhutan. The journey covers approximately 65 kilometers, offering enchanting views of the Bhutanese landscape. This drive is a great introduction to the serene and unspoiled environment of the country.

**Altitude Acclimatization:** Thimphu is situated at an altitude slightly higher than Paro. Use this time to begin acclimatizing to the higher elevation.

### **Check-In and Settle In:**

**Hotel Arrival:** Once in Thimphu, check into your hotel. Take some time to relax and freshen up after your flight.

### **Explore Thimphu:**

**Leisurely Afternoon:** Depending on your arrival time, you might have the afternoon to start exploring Thimphu. Options include:

**Walking Tour:** Take a leisurely walk around the city. Thimphu combines a small-town feel with a bustling commercial atmosphere and cultural vibrancy.

**Visit Local Cafes:** Sample Bhutanese cuisine and perhaps a cup of butter tea at a local cafe.

### **Evening:**

**Dinner:** Enjoy your first dinner in Bhutan. This might be at your hotel or a local restaurant where you can try traditional dishes, such as Ema Datshi (chili and cheese stew) and Red Rice.

**Rest:** Get a good night's sleep to prepare for the full day of sightseeing in Thimphu tomorrow.

## **Day 02: Sightseeing tour of Thimphu - Drive back to Paro (65 km, 1-hour drive)**

### **Breakfast at Hotel:**

**Start the Day:** Enjoy a nourishing breakfast at your hotel to energize you for a full day of exploration.

### **Thimphu Sightseeing:**

**Morning Excursions:** Dive into the cultural heart of Bhutan with visits to key attractions in Thimphu. You might consider the following sites:

**National Memorial Chorten:** This stupa was built in memory of the third king of Bhutan and is a focus for daily religious activities.

**Tashichho Dzong:** A beautiful Buddhist monastery and fortress on the northern edge of the city, serving as the seat of the government and monastic body.

**Folk Heritage Museum:** Offers a glimpse into traditional Bhutanese life. The museum features an authentic replica of a traditional Bhutanese house.

**Textile Museum:** Learn about Bhutan's art of weaving, which plays a crucial role in the culture and tradition of the country.

### **Lunch in Thimphu:**

**Local Cuisine:** Enjoy a meal at one of the local restaurants. This is a great chance to try more Bhutanese specialties like Momos (dumplings) and Phaksha Paa (pork with spicy red chillies).

## Afternoon:

**Additional Sightseeing:** Depending on time, you might also visit:

**Buddha Dordenma Statue:** One of the largest Buddha statues in the world, located at Kuensel Phodrang. The site offers panoramic views over Thimphu Valley.

**Craft Bazaar:** A good place to pick up handmade Bhutanese crafts, textiles, and souvenirs.

## Drive Back to Paro:

**Scenic Return:** In the late afternoon, embark on the 1-hour drive back to Paro. The journey retraces the scenic route, providing another opportunity to enjoy the lush landscapes and serene environment.

**Check into Hotel:** Upon arrival in Paro, check back into your hotel and settle in for the evening.

## Evening in Paro:

**Dinner:** Conclude your day with a relaxing dinner at your hotel, where you can enjoy traditional Bhutanese dishes in a cozy setting.

## Overnight in Paro:

**Rest:** After a busy day of sightseeing and travel, enjoy a restful night in Paro to recharge for the upcoming hike to Tiger's Nest Monastery.

## Day 03: Hike to Tiger's Nest Monastery (4 km hike, 3120 m altitude, 2 hours hike one way) - Afternoon sightseeing in Paro

### Early Morning Start:

**Breakfast at the Hotel:** Have an early breakfast to fuel up for the hike.

**Depart for Base of Tiger's Nest:** Your guide will drive you to the base of the trail that leads up to Tiger's Nest Monastery (Paro Taktsang), one of the most sacred sites in Bhutan.

### **Hike to Tiger's Nest Monastery:**

**Trekking Details:** The hike covers about 4 km each way and takes approximately 2 hours to ascend. The path is steep in places but well-maintained. The monastery sits at an altitude of 3,120 meters, offering stunning views of the surrounding mountains and valleys.

**Cafeteria Stop:** Halfway up the trail, there is a cafeteria where you can rest and have tea or coffee while enjoying the spectacular view of the monastery perched on the cliff.

**Explore the Monastery:** Upon reaching Tiger's Nest, explore the various temples and meditation caves. Learn about the monastery's rich history and religious significance.

### **Descent and Lunch:**

**Hike Down:** After spending time at the monastery, begin your descent, which is generally quicker but can be challenging on the knees.

**Lunch:** Have lunch either at the cafeteria on the way down or once you're back at the base, depending on your pace and preference.

### **Afternoon Sightseeing in Paro:**

**National Museum of Bhutan:** Visit the museum housed in an old watchtower above the Paro Dzong, offering excellent insights into Bhutan's history, culture, and traditions.

**Paro Dzong (Rinpung Dzong):** Explore this fortress and monastery which serves as the administrative center for the valley, known for its beautiful architecture and intricate wall paintings.

**Kyichu Lhakhang:** One of the oldest and most sacred temples in Bhutan, dating back to the 7th century.

#### **Evening:**

**Dinner in Paro:** Enjoy a relaxing dinner at your hotel, discussing the day's adventures and experiences.

#### **Overnight in Paro:**

**Rest and Reflect:** After a fulfilling day of hiking and cultural exploration, get a good night's sleep to prepare for your departure the next day. Hike to Tiger's Nest Monastery (4 km hike, 3120 m altitude, 2 hours hike one way) - Afternoon sightseeing in Paro

### **Day 04: Departure day - Transfer to Paro International Airport (20 min drive) for your final departure**

#### **Morning:**

**Breakfast at the Hotel:** Start your final day in Bhutan with a satisfying breakfast at your hotel. Reflect on your journey and the unique experiences you've had during your stay.

**Pack and Prepare:** Ensure you have all your belongings packed and travel documents handy. Check out of the hotel and settle any incidental bills.

#### **Transfer to Paro International Airport:**

**Drive to the Airport:** Your guide and driver will transport you to Paro International Airport. The drive is short, typically taking about 20 minutes, giving you a last glimpse of Paro's serene landscapes.

**Airport Arrival:** Once at the airport, your guide will assist you with luggage and guide you to the check-in counters.

**Farewell:** Bid farewell to your guide and Bhutan, a country likely to have made a significant impact on you with its peaceful landscapes and spiritual depth.

### Departure:

**Security Check and Boarding:** Proceed through airport security. Afterward, head to your designated gate and prepare for boarding.

**Flight Departure:** Board your flight and depart from Bhutan, taking with you memories of its majestic monasteries, breathtaking hikes, and the warm hospitality of its people.

### End of Tour:

This marks the end of your 4-day tour in Bhutan. As you fly out, reflect on the profound experiences and the serene beauty you've encountered, which will likely call you back to this unique Himalayan kingdom in the future.

## Cost Details

### What's Included

- ✓ **ARRIVAL AND DEPARTURE:**  
All ground transport in a private vehicle, including airport and hotel transfers
- ✓ **ACCOMMODATION DURING THE TRIP:**  
Comfortable lodging throughout the tour.
- ✓ **SIGHTSEEING FEES & VISA**  
All entrance fees to museums and monuments / A Bhutanese Tourist Visa fee

### **MEALS DURING THE TOUR**

- ✓ Full board meals - standard breakfast, lunch, dinner, tea & snacks.

### **TRANSPORTATION:**

- ✓ All ground transportation in a comfortable private vehicle as per the itinerary

### **GUIDE:**

- ✓ An experienced, helpful, and friendly English-speaking Guide.

### **STAFF SALARY AND ALLOWANCE:**

- ✓ All Bhutanese staff & porter's daily wages, salary, equipment, food & clothing.

### **GUIDE FOR THE TOUR**

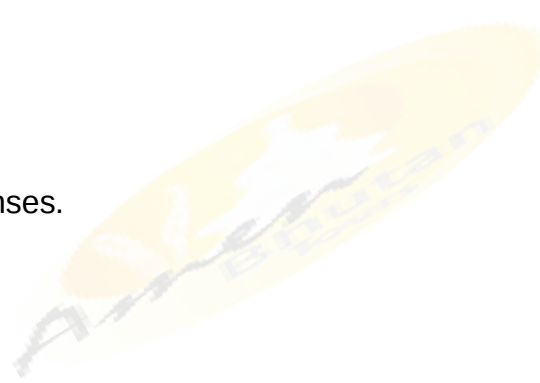
- ✓ Licensed English-speaking Bhutanese Professional tour guides.

### **WATER DURING TOUR**

- ✓ Mineral drinking water during the tour

### **GOVERNMENT TAXES:**

- ✓ All government taxes and official expenses.



## **What's Not Included**

### **INTERNATIONAL AIRFARE:**

- ✗ International flight airfare (from and to Paro) Please contact us at [info@amenbhutan.com](mailto:info@amenbhutan.com) to book a Bhutan flight.

### **INSURANCE POLICY:**

- ✗ Travel Insurance (for trip cancellation, interruption, medical treatment, repatriation, etc.)

### **PERSONAL EXPENSES:**

- ✗ Telephone Calls, Internet, laundry, soft drinks, beers, and any Alcoholic beverages.

### **FILMING:**

- ✗ Special Filming, Camera, and Drone permit fee.

### **FOR PRIVATE AND CUSTOMIZE TRIP**

- ✗ Please contact us

**✕ Group and Family Discounts**

✕ Please contact us or send us an email at [info@amenbhutan.com](mailto:info@amenbhutan.com)

**✕ TIPS:**

✕ Tips for the guide & driver. (Tipping is Expected).

**EXTRA:**

✕ Any other services, activities or personal expenses, which are not mentioned in the itinerary and other items not listed in the "Cost Includes" section.

